



Konnect

Grow Your Spirit
WEEK 2

Week 2: Don't Just Try

You can't grow your spirit just by trying when you feel like it. You've got to plan to do something every day to get closer to God, and do it!

10,000
POINTS

Complete this activity with your family!

What can you do each day to grow closer to God? *Write your answer next to "My Plan."* Check the box next to each day you follow your plan.

My Plan: _____

- Monday Tuesday Wednesday
 Thursday Friday Saturday
 Sunday

5,000
POINTS

Say this week's point from memory!

Don't just try. Train!

10,000
POINTS

Say this week's verse from memory!

1 Timothy 4:8 NLT *"Physical training is good, but training for godliness is much better ..."*



Complete this Bible Plan with your family!

Train Your Spirit

www.go2.ic/KonnectBiblePlans

Complete this Challenge Card with a parent and ask them to sign below. Bring it to the Konnect Window to get your points!

Name: _____ Keytag #: _____

Parent Signature: _____